



APLAR

# 1st Symposium of the Asia Pacific League of Associations for Rheumatology

April 15-17, 2011 • NTUH International Convention Center, Taipei, Taiwan

## 2<sup>nd</sup> Announcement & Call for Abstract



### Important Dates:

Abstract submission deadline  
Acceptance notification  
Early bird registration deadline  
Pre-registration deadline

31 December 2010  
31 January 2011  
28 February 2011  
08 April 2011

Organized by:



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[www.aplar.org/aplarsymposium2011](http://www.aplar.org/aplarsymposium2011)



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## COMMITTEES

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#### Basic Science:

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Jeng Hsien Yen

#### Pediatric Rheumatology:

Bor-Luen Chiang  
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Rheumatic Disease Nursing & Rehabilitation:  
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#### Ultrasound:

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## MESSAGE FROM SYMPOSIUM CHAIRMAN



Dear Colleagues,

It is my great pleasure to invite you to the 1st Symposium of the Asia Pacific League of Associations of Rheumatology (APLAR), which will be held from 15 to 17 April 2011 at the NTUH International Convention Centre in Taipei. The Taiwan Rheumatology Association is proud to be the host in cooperation with APLAR.

The 1st Symposium of APLAR is the inaugural offering of what is to become the biennial symposium of APLAR, complementing the well-established APLAR Congress. Themed **“New Frontiers in Clinical Rheumatology”**, it aims to provide rheumatologists, physicians, pharmacists, nurses, allied health professionals and other healthcare providers a multidisciplinary approach to the assessment, diagnosis and treatment of common musculoskeletal disorders and will focus mainly on newer technologies and therapies (including non-pharmacologic) in the treatment of these conditions. Prior to the main symposium, we will also organize a review course on clinical rheumatology as well as workshops on ultrasound.

A commercial exhibition will also be organized alongside the symposium and will feature cutting-edge technology and science for the treatment of rheumatic as well as musculoskeletal disorders.

Delegates to this three-day conference will surely be delighted for the chance to enjoy Taiwan's rich culture and history, unique mountain landscapes and scenic coastal views, shopping havens in many local markets, and diverse culinary delights. Furthermore, delegates will also enjoy a networking evening during the Welcome Reception and an enchanting cultural experience at the Gala Dinner.

We hope you can join us in this historic 1st APLAR Symposium! We look forward to welcoming you in Taiwan!

Sincerely yours,

**Professor Shue-Fen Luo**  
Symposium Chairman



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## PRELIMINARY TIMETABLE

SYMPOSIUM AT A GLANCE						
Date		April 15 (Friday)		April 16 (Saturday)		April 17 (Sunday)
Time		Room 402 ABCD	Room 401	Room 201	Room 301	Room 201
07:30AM						Room 301
08:00AM-09:00AM						
09:00AM-09:50AM						
09:50AM-10:40AM						
10:40AM-11:00AM						
11:00AM-12:00PM						
12:00PM-13:00PM						
13:00PM-14:00PM						
14:00PM-15:00PM						
15:00PM-15:20PM						
15:20PM-16:20PM						
16:20PM-17:20PM						
18:30 PM-20:00PM						

\*Coffee breaks on April 15 will be served from 10:40-11:00 and 15:00-15:20.

\*Program is subject to change. Please visit [www.aplar.org/aplarsymposium2011](http://www.aplar.org/aplarsymposium2011) for the most updated program.

**IMPORTANT DATES:**

- |                                    |                  |
|------------------------------------|------------------|
| • Abstract submission deadline     | 31 December 2010 |
| • Acceptance notification          | 31 January 2011  |
| • Early bird registration deadline | 28 February 2011 |
| • Pre-registration deadline        | 08 April 2011    |
| • Conference Dates:                | 15-17 April 2011 |

Participants are requested to submit an abstract to the Secretariat together with the registration form and fees. Abstracts will be reviewed and assigned to appropriate sessions.

Authors will be notified regarding Abstract acceptance. Accepted abstracts will be printed in the Book of Abstracts that will be distributed at the Conference. Only a very limited number of abstracts will be scheduled for oral presentation. Please indicate if you are submitting your abstract for oral or poster presentation. Authors will be notified of the method of presentation.

**METHOD OF SUBMISSION**

Abstracts should be submitted via the internet:

[www.aplar.org/symposium](http://www.aplar.org/symposium)

**GUIDELINES FOR SUBMISSION**

1. The abstract should be as informative as possible:
  - a) state specific object of study
  - b) state method used, if pertinent
  - c) summarise results obtained
  - d) state conclusions reached
2. Standard abbreviations may be used.
3. Inclusion in the Scientific Program and Book of Abstracts is dependent on payment of registration fees.
4. Abstracts should be submitted in good English.
5. Abstract length should not exceed 300 words.

**FAXED ABSTRACTS ARE NOT ACCEPTABLE!!**

Abstract Topics:

Abstracts will be divided into the designated categories for review and program purposes. Presenters should select one subject category.

**1. CLINICAL RHEUMATOLOGY**

- 1.1 Rheumatoid arthritis - prognosis, predictors and outcome
- 1.2 Rheumatoid arthritis - clinical aspects and co-morbidity
- 1.3 Rheumatoid arthritis - anti-TNF $\alpha$  therapy
- 1.4 Rheumatoid arthritis - non-TNF $\alpha$  biological therapies
- 1.5 Rheumatoid arthritis - non biologic treatment
- 1.6 Systemic lupus erythematosus, Sjogren's and antiphospholipid syndrome – therapies
- 1.7 Systemic lupus erythematosus, Sjogren's and antiphospholipid syndrome - clinical aspects, comorbidities and complications
- 1.8 Spondylarthropathies - clinical aspects and co-morbidity
- 1.9 Spondylarthropathies - biological and non-biological therapies
- 1.10 Psoriatic arthritis
- 1.11 Osteoarthritis
- 1.12 Osteoporosis
- 1.13 Metabolic bone diseases and crystal-induced diseases



- 1.14 Systemic vasculitis
- 1.15 Scleroderma, myositis and related syndromes
- 1.16 Infection-related rheumatic diseases
- 1.17 Fibromyalgia
- 1.18 Soft tissue rheumatism
- 1.19 Pediatric rheumatology
- 1.20 Behcet's disease and miscellaneous rheumatic conditions
- 1.21 Imaging techniques and diagnosis
- 1.22 Epidemiology, health care system and pharmacoeconomics
- 1.23 Rehabilitation for rheumatic diseases
- 1.24 Advances in pain management

## **2. ALLIED HEALTH RESEARCH TOPICS**

- 2.1. Nursing
- 2.2. Physiotherapy
- 2.3. Occupational therapy
- 2.4. Psychological intervention and miscellaneous forms of care
- 2.5. Alternative medicine (eg. acupuncture)

## **3. CASE REPORT**



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## GENERAL INFORMATION

### Venue

**The NTUH International Convention Center is the venue of the 1st APLAR Symposium.**

Located in the most elite Zhong Zheng district where professionals and intellectuals gather, NTUH (National Taiwan University Hospital) International Convention Center is the venue of the 1st APLAR Symposium. NICC is a precious stone that shines on the historical campus of NTUH amid all other governmental buildings in its surroundings.



NTUH International Convention Center  
No. 2, Xuzhou Road, Zhongzheng District 101, Taipei City  
Website: [www.thcc.net.tw](http://www.thcc.net.tw)

### Language

English is the official language for the 1st APLAR Symposium.

### Time Zone

Taiwan is eight hours ahead of Greenwich Mean Time. There is no daylight-saving scheme, so this time difference remains year-round.

### Climate

The climate in Taiwan is subtropical. In April, temperature ranges between 18-26 °C.

### Currency

The local currency is the New Taiwan Dollar (NT\$). The current exchange rate is approx. NT\$30 to US\$1 (October 2010, subject to change). Foreign currencies can be exchanged at hotels, airports and a number of government-designated banks.

### Electricity

110 volt 60Hz electrical supply and outlets with two flat parallel pin plugs, type A.

### Credit Card

All major credit cards are accepted in most hotels, shops and restaurants. The most widely accepted credit cards are Visa and MasterCard. Restaurants and shops generally display signs indicating which cards are accepted.

### Tipping/ Taxes

Tipping is optional. It is usual, however, to tip for restaurant service and hotel porters. A 10% service charge and a 5% value-added tax are added to room rates and meals.

### Travelling and Visa Requirements

Taipei is accessible by most international airlines. Visa may be required. Please consult your travel agent in case of doubt.

Citizens holding passports from the following countries are visa exempt: Australia, Austria, Belgium, Canada, Costa Rica, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Japan, Republic of Korea, Latvia, Liechtenstein, Lithuania, Luxembourg, Malaysia, Malta, Monaco, the Netherlands, New Zealand, Norway, Poland, Portugal, Singapore, Slovakia, Slovenia, Spain, Sweden, Switzerland, U.K. and U.S.A.

### Public Transport

Traveling around Taipei is easy with the cities efficient bus, metro and taxis services. High Speed Rail is available for traveling rapidly inland from North to South.





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## REGISTRATION

### Registration Fees

TYPE	EARLY BIRD	REGULAR	ONSITE
	Until 28 Feb 2011	1 Mar – 8 Apr 2011	9 Apr – 17 Apr 2011
International Delegate	200 USD	250 USD	300 USD
Gala Dinner	70 USD	70 USD	70 USD

Fees for DELEGATE include:

- Participation in scientific sessions
- Entrance to the exhibition
- Welcome Reception
- Conference kit with Final Program, Abstract Book or CD-Rom, and other conference materials

### Cancellation Policy

All cancellation of registration must be made in writing to the Conference Secretariat. Refund of registration fees will be processed after the conference and schedule of refunds is as follows:

- Notification received before 28 February 2011 – 100% refund (minus US\$ 30 handling fee).
- Notification received from 01-15 March 2011 – 50% refund.
- No refund on cancellations received after 15 March 2011.

### ACCOMMODATIONS

Kenes Asia is the official housing agent for the 1st APLAR Symposium and will be offering special reduced rates for accommodation. Room rates are on a per night basis in NT Dollars, inclusive of breakfast and internet connection. For a full list of official hotels, please visit [www.aplar.org/symposium](http://www.aplar.org/symposium).

### SYMPOSIUM SECRETARIAT

Please do not hesitate to contact the secretariat if you require any additional information or assistance. Please address all correspondence to:

1st APLAR Symposium Secretariat



c/o Kenes Asia  
2nd Floor, PICO Creative Centre  
20 Kallang Avenue, Singapore 339411  
Tel: +65 6292 4706; Fax: +65 6292 4721  
E-mail: [aplarsymposium@kenes.com](mailto:aplarsymposium@kenes.com); Website: [www.aplar.org/aplarsymposium2011](http://www.aplar.org/aplarsymposium2011)

## EXHIBITION

A commercial exhibition will be held alongside the symposium.  
For details, please contact: E-mail: [aplarsymposium@kenes.com](mailto:aplarsymposium@kenes.com)





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## DISCOVER TAIWAN

**H**ome to bustling metropolises, breathtaking alpine and coastal scenery, mouth-watering cuisines and some of the world's friendliest people, Taiwan is an ideal destination. No matter which season you arrive in, you are sure to make special memories while traveling around Taiwan. The magnificence of the island nation's national parks and scenic areas; the colors, sounds, and flavors of its many holidays; and a few surprises await each and every visitor!

Here are some of the famous attractions not to be missed while in Taiwan:



### Taipei 101

So far, Taipei 101 is the highest building in the world. You can visit the indoor observatory on the 89th floor and overlook all direction view of Taipei City.



### National Palace Museum

National Palace Museum, with its antique collection amounts to nearly 700,000 pieces whose age range over covers almost the entire five-thousand-old Chinese history has made itself the greatest and priceless treasure house regarding Chinese art on earth.



### Yangmingshan National Park

Yangmingshan National Park is renowned for its wealth of unusual volcanic features and topography. Being so accessible and close to Taipei City, the park attracts a very large number of visitors every year.



### Shi Lin Night Market

Shi Lin Night Market is one of the most famous night markets in Taipei, making it a long-time favorite among residents and tourists, locals and foreigners. The food there is just simply too delicious to pass up. Almost any imaginable product, not to mention any kind of food, can be found there.



### Taipei Lungshan Temple

Taipei Lungshan Temple was originally built nearly 270 years ago. The temple used to serve as the place of assembly and worship for ancient people settled in Wanhua district which is one of the first commercially developed areas in Taipei. Lungshan Temple is famous for its exquisite woodcarvings, as well as for its stone sculptures. It is not only a temple and a sightseeing attraction, but also a Grade II historic site designated by Taipei City Government.



### Hualien Taroko National Park

Hualien Taroko National Park located on the east coast of Taiwan, is named after the Taroko Gorge, one of the most awesome natural wonders of the world. It is famous for precipitous canyons and spectacular mountains that create the most mesmerizing landscape on the island of Taiwan.



### Sun Moon Lake

Sun Moon Lake, the largest lake in Taiwan as well as a popular tourist attraction, is situated in Yuchi, Nantou. The area around the lake is home to the Thao tribe, one of thirteen aboriginal tribes in Taiwan. Surrounded by green mountains, Sun Moon Lake is the pearl of Central Taiwan. The Eastern part of the lake is round like the sun, while the Western part is shaped like a crescent moon, hence the name "Sun Moon Lake".



### Jade Mountain

Located in central Taiwan, Jade Mountain is the largest national park on the island, covering 105,490 hectares. Its highest peak reaches 3,952 meters, making it the tallest in Northeast Asia.



Visit Taipei for APLAR Symposium 2011 and while you're there, enjoy the colorful sights of the Taipei International Flora Expo! For more information, please visit [www.2010taipeiexpo.tw](http://www.2010taipeiexpo.tw).



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## VICINITY MAP





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